

Instructions for 2008 Spring Ball & Brunch Dances

March 15, 2008 – Spring Ball Program

The Machine Without Horses

Jig, 32 bars

Book 12, No. 12

- 1-4 First couple set and cast off one place, 2nd couple step up.
- 5-8 First and 3rd couples right hands across once round.
- 9-12 First couple set and cast up. Second couple step down.
- 13-16 First and 2nd couples left hands across once round.
- 17-24 First couple followed by 2nd couple dance down through 3rd couple and cast up. They all dance up to the top and 1st couple casts into 2nd place.
- 25-32 Rights and lefts.

The Rose Garden

Strathspey, 24 bars

San Francisco 2

- 1-2 Second couple, followed by 1st couple, lead down the middle.
- 3-4 First couple, followed by 2nd couple, lead up again, remaining in the center.
- 5-6 First couple cast to 2nd place, while 2nd couple dance up and curl into 1st place.
- 7-8 Second and 1st couples cross with right hands.
- 9-10 Second and 1st couples set advancing to the right, passing partners and pulling back right shoulder to face partner.
- 11-12 Second and 1st couples turn with both hands, ending on own sides.
- 13-16 Second man with 1st man, and 2nd woman with 1st woman, repeat bars 9-12, ending on own sides in original places.
- 17-20 First and 2nd couples circle four hands round to the left, finishing ready for
- 21-24 First and 2nd couples dance a half poussette.

Ferla Mor

Reel, 32 bars

Drewry

- 1-8 First couple set, turn half-way with right hands into second place on partner's side, set, and turn with right hands to finish with first woman facing her first corner, her partner behind her.
- 9-16 First man follows his partner as she dances a right shoulder reel of three diagonally with first corners, finishing facing her second corner.
- 17-24 Repeat with second corners, but on the last two steps of the reel first woman pulls her left shoulder back to face first man and turn with left hands to face first corners.
- 25-28 First couple turn first corners with right hands, then pass by the right to face 2nd corners. (Corners dance four steps.)
- 29-32 First couple turn 2nd corners with right hands, then pass by the right to own sides.

Ladies' Fancy

Jig, 32 bars

Book 13, No. 12

- 1-4 First man turn 2nd woman with right hands.
- 5-8 First man turn 1st woman with left hands, then crossed hands to finish between 1st and 2nd women with 1st woman on his right.
- 9-16 All three dance down the middle and up.
- 17-24 First two couples dance right hands across and left hands back.
- 25-32 First and 2nd couples poussette.

Adieu Mon Ami

Strathspey, 32 bars

Book 24, No. 11

- 1-4 First and 2nd couples set facing up and down the dance. They turn with both hands to the sides.
5-8 Repeat bars 1-4 with partners, finishing ready for allemande.
9-16 Allemande, finishing with 1st couple facing corners.
17-24 Hello-Goodbye setting, ending with a clap while turning to own side of dance.
25-32 Six hands round and back.

The Silver Square

Reel, 32 bars,

Dances From the Seven Year Itch

5 couple square--the 5th couple starts in the center facing the first couple.

- 1-8 Parallel reels of three up and down the dance.
Fifth man passes right shoulders with 1st woman, with 3rd man joining at the bottom WHILE 5th woman passes right shoulders with 1st man, with 3rd woman joining at the bottom. Fifth couple finishes in the center facing 4th couple, 5th woman behind 5th man. Second and 4th couples must face down at the end of bar 8.
9-16 Shadow reel of three across the dance.
With 4th woman, 5th man and 2nd man leading their partners and each couple dancing as a unit, 4th couple and 5th couple pass left shoulders to begin the reel. Fifth couple ends in original places, facing 1st couple.
17-20 First and 5th couples dance rights and lefts halfway. First couple has now progressed to the center of the dance.
21-24 Fifth and 1st couples dance four hands once round to the left.
25-32 On the outside, dance eight hands round halfway to the left, all set, pull back right shoulder, and chase one place clockwise. MEANWHILE, in the center, 1st couple turn with right (kilt or elbow grip suggested) then with left. (Turn, burl, swing, etc also works). End facing new 1st couple. Dance finishes with 2345 on the outside, with 1st couple in the center.
Repeat 4 times to original positions.

Miss Allie Anderson

Jig, 32 bars

1980 Leaflet

- 1-4 All clap. First, 2nd and 3rd women dance round partner, passing right shoulder and ending in the center of the dance.
5-8 Third, 2nd and 1st couples lead down the middle.
9-12 Men turn partner under right arm, then lead up to original places on partner's side.
13-16 All set and turn partner with right hands into promenade position.
17-24 Three couple promenade.
24-28 First couple dance 3 hands across with 2nd woman. Second man steps up on 3 & 4.
29-32 First couple dance 3 hands across with 2nd man. Second woman steps up on 7 & 8.

Fun and Flirtation

Strathspey, 32 bars

Nutmeg Collection

- 1-4 1st couple advance for one bar, touch hands, retire for one bar, and cast off one place. 2nd couple step up on bars 3-4.
5-8 1st couple two-hand turn for 2 bars, then gypsy right to end in the center of the set facing out own sides for
9-16 Right shoulder reels of three on the sides – to begin, 1st woman give right shoulder to 3rd woman, 1st man give right shoulder to 2nd man. 1st couple finish in 2nd place on the sides facing out.
17-18 1st couple cast right to end 1st woman between the 3rd couple facing up, 1st man between the 2nd couple facing down.
19-20 All Set
21-24 1st couple pass right shoulder, dance out the ends and cast right to 2nd place on own sides.
25-32 Circle six hands round and back.

Bauldy Bain's Fiddle

Reel, 32 bars

Lothian Collection

- 1-4 First couple turn by the right once round and cast, 2nd couple step up on bars 3-4.
5-8 First couple turn by the left 1 ½ times to face out opposite sides.
9-12 Second couple and 3rd couple right hands across once around, while 1st woman dances below 3rd man position, crosses set below 3rd position and up to 2nd woman's original place; 1st man dances up, crosses at top, and down to 2nd man's original place.
13-16 First couple turn by the left 1 ¼ times to face first corner position (person of same gender) while 2nd couple and 3rd couple chase halfway around them to opposite positions.
17-20 First couple and 1st corners dance half reel of four, 1st couple passing right shoulder.
21-24 First couple and 2nd corners dance half reel of four, 1st couple passing right to own side.
25-32 Second, 1st and 3rd couples circle to the left and back.

Spring Ball Tea Break

Joie de Vivre

Jig, 32 bars

Book 39, No. 2

- 1-8 First couple set, cast off one place, dance down between 3rd couple, and cast up to 2nd place.
Second couple step up on bars 3-4.
9-12 Top three couples turn partners with right hand.
13-16 Second man, followed by 1st and 3rd men, and 3rd woman, followed by 1st and 2nd women, dance clockwise half way round to finish on opposite sides in the order 3,1,2.
17-20 Top three couples dance back to back with partners.
21-24 Top three couples join hands on the sides, set, then turn partners half way round with right hand to finish ready for allemande.
25-32 Top three couples allemande.

Lammermuir Hills

Strathspey, 32 bars

Roy Goldring

- 1-8 Poussette right round.
9-16 First woman and 2nd man change places with right hands, and cast around to the right into original places. First and 2nd couples right hands across.
17-24 First man and 2nd woman repeat with left hands, casting to the left. Left hands across.
25-32 Knot.

The Duke of Perth

Reel 32 bars

Book 1, No. 8

- 1-8 First couple turn with right hands, cast, turn with left hands to face first corners.
9-16 Corner, partner, corner, partner.
17-24 First couple set to and turn corners.
25-32 Six bar reels of three on the sides, giving left shoulder to first corner, 1st couple crossing with right hands to finish.

The Wild Geese

Jig, 32 bars

Book 24, No. 3

- 1-4 First and 3rd couples set advancing to join hands in line of four, all have partners on their right.
Set.
5-8 First and 3rd couples turn with right hands. First couple cast on own side to 3rd place WHILE 3rd couple lead up to top.
9-16 Third and 1st couples repeat bars 1-8, with 3rd couple casting.
17-24 First couple lead down the middle and up to finish in 2nd place. Second couple move up on bars 3 & 4.
25-32 First and 2nd couples dance right and left.

The Byron Strathspey

Strathspey, 32 bars, 3 couple set

Deeside II

- 1-4 First, 2nd and 3rd couples petronella turn to form a line in the center of the dance, then set to partners.
- 5-8 All turn partners with both hands 1-1/4 times to places.
- 9-16 Second woman with 1st couple, 2nd man with 3rd couple, right hands across. Second couple pass right shoulder and dance left hands across with the other couple. They finish, 1st couple ready to cast, 2nd couple in promenade hold facing up, and 3rd couple in places.
- 17-24 Second couple in promenade hold give right shoulders to 1st woman for a reel of three across the dance, 1st couple casting into the reel. They finish, 2nd couple dancing to the top, 1st couple casting in behind them, and 3rd couple dancing in, all ready for
- 25-32 Three couple allemande, to end 3, 1, 2.

Anderson's Rant

Reel, 32 bars

MMMI, No 2

- 1-16 Double cross-over mirror reels of three on the sides.
- 17-24 Down the middle and up into 2nd place. Second couple step up on bars 19-20.
- 25-32 Half a figure of 8 around the 2nd couple, then around 3rd couple, finishing in 2nd place.

Roaring Jelly

Jig, 32 bars

Foss

- 1-4 First couple cross with right hands and cast off one place. Second couple step up.
- 5-8 First couple cross with right hands and cast man up, woman down, to end man between 2nd couple facing down, and woman between 3rd couple facing up.
- 9-16 Circle six hands round and back.
- 17-24 First couple cross with right hands and dance a figure of eight, man around 3rd couple, starting by passing right shoulders with 3rd man, and woman around 2nd couple, passing right shoulders with 2nd woman. They end in 2nd place on partner's side.
- 25-32 Dance a reel of three on partner's side, passing right shoulders with second corners to start, and crossing over at the end.

Glasgow Highlanders

Strathspey, 32 bars

Book 2, No. 3

- All bow on 1st chord. On 2nd chord 1st woman moves to her partner's right and 2nd man to his partner's left.
- 1-8 First and 2nd couples right and left; at the end 1st man places his partner's left hand in 2nd man's right WHILE 2nd woman places her right hand in her partner's left.
- 9-12 Second man leads both women down followed by 1st man; men turn right about and women turn towards man.
- 13-16 First man brings them back followed by 2nd man. Men finish back to back in center facing partner.
- 17-24 All do a highland setting step of their choice.
- 25-32 Reel of four in six bars. Then 1st couple lead down the side to face the 3rd couple as 3rd man crosses over to stand next to his partner (2nd man crosses to own side at top).

Sleepy Maggie

Reel, 32 bars

Book 11, No. 5

- 1-8 Four hands round; 1st couple set and cast.
- 9-16 First and 3rd couples right hands across and back with left hands to face 1st corners.
- 17-24 Set and turn corners.
- 25-32 Closing reels (left shoulder to first corner, crossing to finish).

March 16, 2008 – Spring Brunch Program

Well Done Jack

Jig, 32 bars

Book 29, No. 3

- 1-8 First and 2nd couples dance back to back with partner and turn partner with right hands 1 1/2 times.
- 9-16 Same couples again dance back to back with partners, then dance 1/2 rights and lefts.
- 17-24 All three couples set twice, then turn partner with right hands.
- 25-32 First couple dance down between 3rd couple, cast up, dance up between 2nd couple, cast off into 2nd place.

The Falls of Rogie

Reel, 32 bars

Attwood

- 1-8 First couple cross with right hands, cast one place, cross with right hands again, and 1st man casts up one place to end between 2nd couple facing 2nd woman, while 1st woman casts down one place to end between 3rd couple facing 3rd man.
- 9-12 Half reels of three across the dance, beginning with 1st couple passing left shoulders with the person they are facing, and finishing in lines of three facing up and down the dance.
- 13-16 Joining hands in lines of three, all three couples set and change places with opposite with right hands.
- 17-20 All three couples chase clockwise halfway round the set.
- 21-24 Second and 3rd couples continue chasing clockwise the rest of the way round while 1st couple turn with right hands 1 1/4 times to finish facing 1st corner positions.
- 25-28 First couple dance half diagonal reels of four with 1st corners, and pass right shoulders to face 2nd corner positions.
- 29-32 First couple dance half diagonal reels of four with 2nd corners, and pass right shoulders to end in 2nd place.

Sauchie Haugh

Strathspey, 32 bars

RSCDS Leaflet

- 1-8 First couple dance down the middle and up.
- 9-16 First and 2nd couples Rondel.
- 17-20 Second and 1st couples advance for one and retire for one. Turn partner once around with both hands, opening up into:
- 21-24 Second and 1st couples four hands once around to left, ending on the sides.
- 25-32 Poussette right round.

When The Tide Comes In

Jig, 40 bars, 3 couples

Silver Threads

- 1-4 1st couple set and cast.
- 5-8 1st woman dances right hands across with 2nd couple WHILE 1st man dances right hands across with 3rd couple. 1st couple finishes in the middle facing opposite sides with left hands joined.
- 9-10 1st couple set to each other with left hands joined.
- 11-14 1st man dances out between the women and casts up WHILE 1st woman dances out between the men and casts down to finish in lines of three across the dance.
- 15-16 All set.
- 17-24 1st man dances a reel of three with 2nd couple passing 2nd man by the right to begin WHILE 1st woman dances a reel of three with 3rd couple passing 3rd woman by the right to begin. 1st couple finishes in the middle left hands joined, man facing down and woman facing up.
- 25-26 1st couple set to each other with left hands joined.

- 27-30 1st man dances down between the 3rd couple and casts up around 3rd woman finish on opposite side in second place, WHILE 1st woman dances up between 2nd couple and casts around 2nd man to finish opposite her partner.
- 31-32 All set.
- 33-40 1st couple dance reels of three on the sides, passing 2nd corners by the right to begin. 1st couple crosses over with right hands on the last two bars.

Shiftin' Bobbins

- Reel, 32 bars Omskirk 6
- 1-4 Second couple step up as 1st couple cross down with right hands to give hands to corners, as in The Sailor. All set.
- 5-8 First couple dance out through the sides, cast up around 2nd couple and dance down to 2nd place, nearer hands joined.
- 9-12 First couple dance hands across on the sides.
- 13-16 First couple followed by 2nd and 3rd couples dance down the middle.
- 17-20 All turn and dance back, 3rd couple followed by 2nd couple casting off into
- 21-24 Hands across on the sides of the dance.
- 25-28 First couple dance up through top of dance and cast off to 2nd place on partner's side.
- 29-32 First couple dance half figure of 8 around second couple above.

Blue Bonnets

- Jig, 32 bars Book 3, No. 5
- 1-8 First woman and 2nd man advance and retire, and dance back to back.
- 9-16 First man and 2nd woman repeat.
- 17-24 First couple down the middle and up.
- 25-32 First and 2nd couples poussette.

Sugar Candie

- Strathspey, 32 bars Book 26, No. 9
- 1-4 First couple set and cast off one place, 2nd couple step up.
- 5-8 Passing each other with left shoulders, 1st couple dance round their first corners by the right to finish back to back in center, man facing down, woman up.
- 9-12 Three hands round, man with 3rd couple, woman with 2nd. Dancing couple curve round to face each other.
- 13-16 First couple set and turn with both hands to face corners.
- 17-24 Corner, partner, corner, partner.
- 25-32 Six bar reels of three on the sides beginning by passing left shoulders with 1st corners, crossing to finish.

Mason's Apron

- Reel, 32 bars Border Book
- 1-8 First couple turn with right hands, cast one place as 2nd couple move up, cross with right hands, then 1st woman casts up to finish between 2nd couple facing down, while 1st man casts down to finish between 3rd couple facing up.
- 9-12 First couple set to each other, then turn with right hands to finish between their corners, facing each other again.
- 13-16 First couple set to each other, then turn with right hands to finish facing 1st corners.
- 17-24 Set to and turn corners.
- 25-32 Reels of three on the sides of the dance, beginning with first couple passing left shoulders with 1st corners, and crossing over at the end.

Monymusk

Strathspey, 32 bars

Book 11, No. 2

- 1-8 First couple turn with right hands and cast one place on own side, 2nd couple step up. First couple turn with left hands, ending with 1st man between 3rd couple facing up, 1st woman between 2nd couple facing down.
- 9-16 All set twice in line. On bar 12, 1st couple move each to own right, turning as in petronella to end between their corners. All set twice again.
- 17-24 Six hands round and back.
- 25-32 Six-bar reels of three at the sides, 1st couple giving right shoulders to the person on their right to start, and crossing with right hands to finish.

Reel of the 51st Division

Reel, 32 bars

Book 13, No. 10

- 1-8 First couple set and cast off two places. (Second couple move up). First couple lead up to corners.
- 9-10 First couple set to first corners.
- 11-12 First couple turn corner with right hands with skip change of step and give left hand to partner.
- 13-14 All four set in diagonal line.
- 15-16 First couple turn with left hands to face second corners.
- 17-22 Repeat bars 9-14 with second corners.
- 23-24 First couple cross with left hands to second place.
- 25-32 Circle six hands round and back.